

ANTIBIOTICS GUIDE



Complete the full course.



Take all of your medicine as told.



DO NOT skip days.



Finish ALL your medicine, even if you feel better.

WARNING SIGNS - WHEN TO CALL YOUR DENTIST



Severe Pain
(3-4 days)

Call if pain is very bad and won't go away.



Continuous Bleeding

If bleeding doesn't slow down.



More Swelling
(after day 3)

If face gets worse after a few days.



Fever or Pus

If you have a fever or discharge.

WHAT TO AVOID:



No Smoking.



No hard rinsing.



No straws.

POST-EXTRACTION CARE



General Care
for Easy Healing.

Call us at:
0820 \$\$\$\$\$

WHAT TO EXPECT: YOUR RECOVERY JOURNEY

Day 1:



Mild bleeding
(oozing is normal)

Swelling begins



Numbness wears
off → mild pain



numb

DIET INSTRUCTIONS



Bowl
of Curd



Eat:



Soft foods: curd, rice,
mashed potatoes

Mashed
Potatoes



Lukewarm food



Roti,



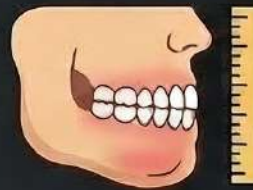
Avoid Rotis:

Do not eat rotis or
hard flatbreads.



Nuts, chips, seeds

Day 2–3:



Peak swelling



Slight difficulty
opening mouth



Mild discomfort

Day 4–7:



Gradual healing



Reduced pain and
swelling



Do warm saline rinse.

